

DIFFICULTÉ = Intermédiaire



ÉCHANTILLON

POINTS UTILISÉS

ABBREVIATIONS

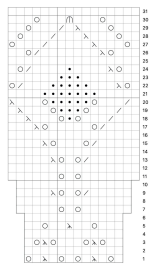
MESURES

PROCÉDURE

GALERIE PHOTOGRAPHIQUE



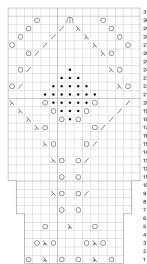
SCHEMA



LEGENDA

- dr
- r
- get
- 2ins
- acc
- accd
- p2stacc

CHART



KEY

- K
- P
- YO
- K2TOG
- SKP
- SK2P
- 2tog-KP